



Patient Instructions: Transesophageal Echocardiogram

- **Do not eat or drink for 6 hours before the procedure**, to make sure that your stomach is empty. If you have diabetes, please ask your doctor for special instructions.
- Please ask someone to drive you to and from the hospital on the day of the procedure.
- Please inform your doctor if you have any conditions involving your esophagus or stomach, or if you have problems swallowing.
- Please inform your doctor if you have allergies to sedatives or anesthesia.
- The TEE procedure potential benefits and risks will be explained to you by your doctor during your office visit. Feel free to ask questions.
- You will be asked to sign a consent form, and patient education material regarding the test will be given to you at the end your office visit.